

# Week 4 Important Points

Below are the key concepts from this weeks videos.

- Disease is a lack of harmony or “dis”-“ease” in your pet’s body.
- An energetic imbalance leads to a change in physical structure and function.
- What is happening deep inside at the soul level, flows into the energy of the body and then is ultimately reflected in changes in the physical body.
- Consciousness begets matter.
- The root cause of the disease must be found, if only the branch (symptom) is treated, healing will not take place.
- Disease is complex, there is never one reason for it, but instead many.
- Your pet is a complex, conscious living being, living in a complex environment.
- Each animal has it’s own constitution/predominate element and unique nature that determines their personality, natural reactions and prominent emotions.
- All emotional issues begin at the soul level. The soul carries information (past/present/future) including traumas.



- Karmic patterns which are part of their soul contract are played out in your animal’s life. These may include challenging situations and circumstances.

- The Fire element (heart) and Wood element (liver) are commonly out of balance with emotional disturbances.
- Communication and a deep connection is vital when working through emotional issues in your pets.
- Pain is a protective mechanism to warn your animals that there is something hurting their body so that they can move away from what is causing it.
- Any blockage in energy flow in the meridians of your animal's body will cause pain.
- Pain can come from disease processes in your pet's body, trauma and emotional issues. In all of these cases there is a blockage of energy flow, and an issue at the soul level.
- There are many signs of pain in animals. Your pets will indicate they have pain through their communication with you, through their behaviour/ movement/posture and with their physical appearance. Your intuition will also tell you when they are in pain. Look deeply into their eyes- the window to the soul.
- Changes in behaviour indicate that your pet is trying to tell you something.
- All pain is a warning sign that something is wrong and should always be investigated. A veterinarian who is also qualified in acupuncture is the ideal person to investigate pain. Acupuncture can treat the problem at the energetic level before it becomes a physical/structural problem in the tissue.

